



Indoor Scavenger Hunt



Use your eyes to find the items and then check the box!

- 5 THINGS THAT ARE RED
- SOMETHING SHINY
- A BOOK WITH A NUMBERS IN IT
- A TOY WITH A FACE
- SOMETHING YOU CAN WRITE WITH
- YOUR BIGGEST STUFFED ANIMAL
- A BOOK WITH THE FIRST LETTER OF YOUR NAME IN THE TITLE
- A PAIR OF SOCKS
- A SHIRT WITH LONG SLEEVES
- A TOY SMALLER THAN YOUR HEAD
- SOMETHING SQUARE
- 5 CUPS THAT ARE ALL DIFFERENT
- A PHOTO OF SOMEONE YOU LOVE
- SOMETHING BUMPY
- SOMETHING THAT MAKES YOU FEEL HAPPY



Outdoor Scavenger Hunt



Use your eyes to find the items and then check the box!

- 10 LEAVES
- SOMETHING THAT STARTS WITH "T"
- A FLOWER
- SOMETHING THAT NEEDS WATER TO LIVE
- SOMETHING THAT IS IN THE SHADE
- A STICK THAT IS LONGER THAN YOUR ARM
- SOMETHING THAT CRAWLS ON THE GROUND
- A PIECE OF GARBAGE YOU CAN THROW AWAY
- SOMETHING SMOOTH
- AN ITEM SMALLER THAN YOUR FINGER
- SOMETHING BROWN
- SOMETHING YOU LOVE TO PLAY WITH
- A ROUND ROCK
- SOMETHING THAT MAKES NOISE
- SOMETHING TALLER THAN YOU



Picture Book Scavenger Hunt



Use your eyes to find the items and then check the box!

- A CHARACTER WITH BROWN HAIR
- TWO WORDS THAT RHYME
- A PET DOG
- A CHARACTER THAT NEEDS CHEERING UP
- A PICTURE OF YOUR FAVORITE FRUIT
- A WORD WITH MORE THAN 7 LETTERS
- SOMEONE THAT WEARS GLASSES
- A PURPLE FLOWER
- A CHARACTER THAT WORKS IN A STORE
- SOMETHING THAT FLIES IN THE SKY
- A PLACE THAT LOOKS COLD
- A NUMBER WITH MORE THAN 3 DIGITS
- A SMILE THAT SHOWS A MOUTH FULL OF TEETH
- SOMEONE HELPING ANOTHER CHARACTER
- A TALKING ANIMAL



Kindness Challenge



Check the box after you've complete each act of kindness.
What are some other ways you can be kind?

- DRAW A PICTURE FOR SOMEONE
- HELP AN ADULT WITH A CHORE
- TELL SOMEONE 5 THINGS YOU LIKE ABOUT THEM
- GIVE SOMEONE A HUG
- SHARE A TOY
- READ A BOOK TO SOMEONE
- CALL SOMEONE YOU LOVE
- DO SOMETHING HELPFUL WITHOUT BEING TOLD
- USE "PLEASE" AND "THANK YOU" FOR A WHOLE DAY
- THANK SOMEONE FOR SOMETHING THEY DID FOR YOU
- SMILE AT 3 PEOPLE
- DO A FAVOR FOR SOMEONE
- HELP FOLD THE LAUNDRY
- PICK UP ALL YOUR TOYS
- TELL A FAMILY MEMBER WHY THEY ARE IMPORTANT TO YOU



Physical Activity Challenge



Check the box after you've completed each action.
How else can you move your body?

- WALK UP AND DOWN YOUR STREET
- DO 10 JUMPING JACKS
- MARCH IN PLACE FOR 3 MINUTES
- DANCE TO YOUR FAVORITE SONG
- STRETCH FOR 2 MINUTES
- HOP LIKE A BUNNY 25 TIMES
- DO THIS 10 TIMES: STAND UP, SIT DOWN, CLAP
- DRINK A GLASS OF WATER
- TOUCH YOUR TOES WHILE YOU SING A SONG
- WALK ON A CURB WITHOUT FALLING OFF
- WAVE AT 5 PEOPLE
- EAT SOMETHING HEALTHY TODAY
- DO 10 ARM CIRCLES, THEN DO 10 MORE THE OPPOSITE WAY
- BALANCE ON 1 LEG LIKE A FLAMINGO
- DO 5 SOMERSAULTS